



COACHING QUESTIONNAIRE

As your results coach, or if I was your travel agent I require two things from you:
1. Where are we going? 2. Where are we starting from?

With this critical information we'll be able to determine how to approach your goals and develop a specific strategy for results. Please copy these questions into a blank email and forward your answers to me: **info@LANLP.com**

1. Why do *you feel* you can benefit from a Results Coach?
2. What are your (3 Months) objectives / (1 yr) objectives?
3. How will you KNOW when you receive them?
What will you see, hear and feel around you?
4. How do believe others see you? (be honest with yourself)
5. What do see as your greatest strengths?
6. What do you feel you need to improve upon about yourself?
7. Who was/is your greatest teacher/mentors? Why?
8. What are you MOST passionate about in your life?
9. What do you really want to be remembered for?
10. What ONE major risk are you not taking, which when you do will open the door to the things you value most in your life?