
Deep Love Strategy

Are you in a serious relationship? Even if you are not, you may want to know what causes your partner to experience the feeling of being totally loved... by you! Everyone has a certain way they like to receive love from others, which is usually not the same as we do. When you begin to understand and feedback your partners own love strategy they will feel totally and completely loved by you. Ask these questions below, and watch for your partner/friend response. You'll then know how they need to be loved. This is the way it makes THEM feel totally and completely loved! Most likely, the way they need to receive it, will not be the way you'll give it out.

1. How do you know you are loved by someone else?
2. Can you remember a time when you were totally loved? A specific time?
3. In order for you to know you're totally and completely loved, is it absolutely necessary for you:

A. To be taken places, and bought things or to be looked at with that special look?

B. OR that you hear that special tone of voice or those special words?

C. OR is it necessary that you are touched in a certain way or a certain place?

This will help people realize what it is that they favor. It can usually be summed up in 3 ways.

Bought things/looked at
Hear words
Touched

An example of one of the ways these love patterns get crossed. The guy has a verbal (A) love strategy and she has a feeling (K) love strategy. So the guy TELLS his girlfriend/wife - "I love you so much, and nothing means more to me." while the girlfriend/wife needs to FEEL his love, by him touching, caressing and making love to her. Yes, he loves her very much but she needs it expressed in a (K) way in order to FEEL loved by him. What happens is that neither of them will feel totally and completely loved by the other UNTIL they receive it in their love strategy.

Think about it, in the beginning of any relationship most individuals are doing all three; taking them places and buying things, Saying all the right words and in that special tone of voice, and touching and making love often (hopefully;) Then, what naturally happens is we fall back into our own love strategy which usually is different than the one that makes them feel totally and completely loved by you.

This repetitive cycle of MIS-understanding can lead to frustration, anger, and worst yet, resentment, which is the prime motivation that drives couples apart. So if you're truly interested in knowing what turns on your mate and makes them feel totally and completely loved by YOU, you'll desire to learn and figure out which of the 3 love strategies your partner desires most. Begin to make it a point to do that one strategy more often. And then learn to express what it is that you desire and need from a relationship so you will feel fulfilled by them.